UNDIVIDED
ATTENTION HEART EYES The Chinese characters which make up the verb "to listen" tell us something significant about this skill, EAR

DRABBLE

BY KEVIN FAGAN









REAL LIFE

BY LANCE ALDRICH & GARY WISE



Nothing 'harmless' about gossil

By Abigail Van Buren



DEAR ABBY

then criticize her as soon as ment a woman to her face.

she walked away.

not it hurt the people who were the butt of gossip, but I know it harmed me and the children Mother always defended this behavior as a "harmless" pastime. I don't know whether or who were listening.

face. Instead, I trusted abusive people because one — especially people who were nice to my running with a bad crowd and found myself Their behavior taught me not to trust any-I thought they were being honest. I ended up dating abusive men because I couldn't trust polite gruys.

behind my back. I had trouble making friends believe it, so I never developed self-confidence. When someone complimented me, I didn't up and reveal my feelings for fear that whatwith other girls because I was afraid to open ever I said would become grist for the gossip was afraid people were laughing at me

After a year of therapy, I have finally found the self-confidence I lacked. My sisters haven't been so lucky. Neither has friends. Both are married to abusive men.

Abby, please inform your readers that there is nothing 'harmless'' about gossip, especially to children who may overhear it.

-Gaining Trust in Georgia

that of your sisters has stated that fact more strongly than I could have. It brings to mind Dear Gaining Trust: Your experience and a piece that has appeared in my column before. Read on:

(Author Unknown) Nobody's Friend

My name is Gossip. I have no respect for jus-I main without killing. I break hearts and

I am cunning and malicious and gather rum lines

The more I am quoted the more I am strength with age.

My victims are helpless. They cannot protect themselves against me because I have no name or face. believed.

To track me down is impossible. The harder you try, the more elusive I become

I am nobody's friend.

Once I tarnish a reputation, it is never the

I topple governments and wreck marriages.

I ruin careers and cause sleepless nights, heartaches and indigestion.

I make innocent people cry in their pillows. Even my name hisses. I am called Gossip. I make headlines and headaches.

Readers, before you repeat a story, ask yourself. Is it true? Is it harmless? Is it nec-

If it isn't, don't repeat it.

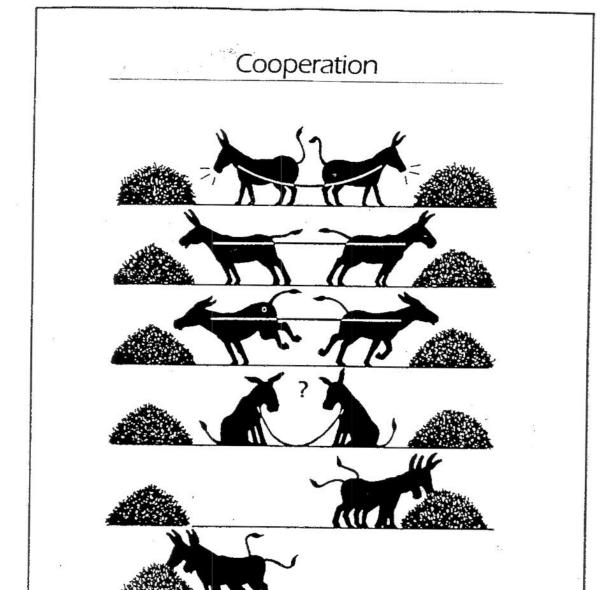
Dear Abby: I spent a chunk of money on my receive even one card of congratulations from daughter's high school graduation announceany of the friends and relatives to whom we ments and senior pictures. She has yet to mailed announcements. I'm hurt and disappointed.

-Missouri Morr

daughter's achievement was praiseworthy Dear Monn: Your feelings are valid. Your and deserved to be acknowledged, if only with a card or congratulatory phone call

Ronsket, P.O. Box 447, Mount Morris, IL 61054-0447. (Postage lar." Send a business-size, self-addressed envelope, plus check or money order for \$5 (U.S. funds only) to: Dear Abby Popularity tenalist and a more attractive person, order "How to Be Popus 90:369. For an excellent guide to becoming a better conversa-Pauline Phillips and her daughter Jeanne Phillips share the (www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA Preudonym Abigail Van Buren. Write Dear Abby at is included.)

Universal Press Syndicate



Note: This illustration has been reprinted with the kind permission of Quaker Peace and Service, London, England.

11

NAME					
	COMMUNICATIO	N PRACTICE TE	ST		
You will do each acti the characteristics	vity twice. Have your that you use. You ma	scorer use different co y not use the same pa	olored pencils and circle artner more than once.		
COMMUNICATE IN	THE STYLE OF A CH	IILD.			
	3	2	1		
Child style of communication - Self centered motives. I want, It's mine, Interrupting, whining Not listening, topping Name calling	Student can show the child style of communication with 3-4 of the characteristics.	Student can show the child style of communication with at least 2 of the characteristics.	Student can show the child style of communication with at least 1 of the characteristics.		
Score given	Scorer's S	ignature			
Score given		ignature			
COMMUNICATE IN THE STYLE OF AN ADULT					
	3	2	1		
Adult style of communication - Two way communication, taking responsibility for comments and actions, remaining calm, showing respect for other's feelings and opinion, controlling emotions, winwin attitude	Student can show the adult style of communication with 3-4 of the characteristics.	Student can show the adult style of communication with at least 2 of the characteristics.	Student can show the adult style of communication with at least 1 of the characteristics.		
Score given Scorer's Signature					
Score given Scorer's Signature					
SHOW 3 NONVERBA	AL MESSAGES				
	3	2	1		
Used body language (eyes, hands, face whole body.)	3 nonverbal messages given	2 nonverbal messages given	1 nonverbal message given		

Scorer's Signature_____

Scorer's Signature__

Score given _____

Score given _____

SHOW GOOD LISTENING SKILLS

	LIVING SKILLS				
	3	2	1		
Good listening skills. Have an open mind. Use appropriate body language. Don't interrupt. Make eye contact. Concentrate. Summarize what the speaker has said.	Listener was able to show 3-4 of the good listening qualities. (Circle ones shown.)	Listener was able to show 2 of the good listening qualities. (Circle ones shown.)	Listener was able to show 1 of the good listening qualities. (Circle ones shown.)		
Score given	Scorer's S	ignature			
Score given	Scorer's S	ignature			
SENDING "I" MESSA	AGES				
	3	2	1		
PARTS OF AN "I" MESSAGE ARE I feel when you because	Speaker included all 3 parts of the "I" message	Speaker included 2 parts of the "I" message.	Speaker used the word I but the rest not correct.		
What did the s	peaker say?				
	ou				
	e				
Score given	Scorer's Si	gnature			
What did the speaker say?					
I feel					
when you					
because					
Score given Scorer's Signature					
Possible 30 points					

The real test of your ability to communicate is how you do in real life situations.

Name	Date	Page

Styles of Communication

Style	Characteristics
Child Like	
Parent Like	
Adult Like	

The most effective style of communication is:

Name	Date	Page #
	CONTRACTOR	J

CONVERSATION STYLE WINDOW PANES

Watch the movies and determine whether it is child, parent or adult communication style

NAME	Date	Page #
PASSIVE, ASSERTIV	VE, AGGRESSIVE C	COMMUNICATION
1. List 3 characteristics of passiv	ve communication.	
Α.		
В.		
C.		0
Example:		
2. List 3 characteristics of aggre	ssive communication.	
Α.		
В.		() (c) ()
C.		
Example:		
3. List 3 characteristics of assert	ive communication.	
Α.		
В.		
C.		BE CODE
Example:		
4. A friend says "I'd like to see t rather see a different mov A passive answer would be	ie.	1. Fr. 1. C.
An aggressive answer woul	d be:	
5. Your mother asks you to clean		
A passive answer would be		
6. Tell about a situation you have		
to solve a problem.		
7. Which style best describes the		nunicate with others?
Give an example when you have u	—— used this type of commun	nication.

WHAT IS YOUR LOVE LANGUAGE

Do you know each family member's love language? Here is an exercise that you can take about yourself, but also think how other family members would answer the questions. Within each group, rate the sentence 1 to 5 according to what would make you feel most appreciated and loved. The number 5 represents what you most appreciate; number 1, in contrast, is what you least appreciate in each group. No group can have a number repeated twice.

Group or	ne
A.	A parent says, "You really did a great job on that. I appreciate it."
В.	A parent does something unexpectedly for you that you appreciate
C.	A parent brings home a surprise treat from the store
D.	A parent invites you to go on a walk just for fun and to talk
E.	A parent makes a point to give you a hug before you leave home.
Group tw	0
A.	Your parent tells you how much they appreciate you
В.	A parent volunteers to type your homework for you so you won't have to.
C.	A parent brings home a special treat from the local bakery
D.	A parent invites you to sit down and talk about your day.
E.	A parent gives you a hug even when you are just passing by room to room.
Group Th	ree
A.	A parent during a party shares about the great grades you got in school
В.	A parent picks up your room.
C.	A parent surprises you with a present you didn't know you were getting.
D.	A parent surprises you with a special afternoon trip.
E.	A parent puts an arm around your shoulder.

Group Fo	our				
A.	A parent praises you about one of your special abilities				
В.	A parent bring	s you break	fast in bed.		
C.	A parent surp	ises you wit	h a book you a	always wanted.	
D.	A parent plans	s a special n	ight our for th	e two of you	
E.	A parent will p	personally di wded bus w	rive you to an ith the team	event instead of	you having to go on
Group Fiv	ve				
A.	A parent tells	you how mu	ch their frienc	ls appreciate you	ı .
В.			o fill out the lo g to have to fil	ng forms for schol	ool that you
C.	A parent sends	s you someth	ning special th	rough the mail	
D.	A parent kidna	ps you for l	unch and takes	you to your favo	orite restaurant.
E.	A parent gives	you a pat o	n the back.		
	Encouraging Words	Acts of Service	Gift-Giving	Quality Time	Touch
Group 1	A	B	C	D	E
Group 2	A	B	C	D	E
Group 3	A	В	C	D	E
Group 4	A	B	C	D	E
Group 5	A	B	C	D	E
Totals	A	В	C	D	E
Write dov	vn your love lar	iguages from	n the primary t	o the least of th	e love languages
1		2		3	
4		_ 5			

Name	Date	Page #	
	Date	rage #	

LOVE LANGUAGE CURRENCY

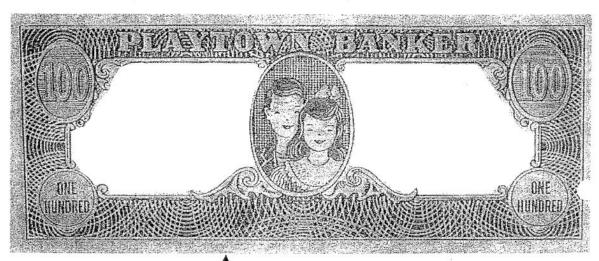
Determine the primary love language of yourself, a family member and a friend.



You ______

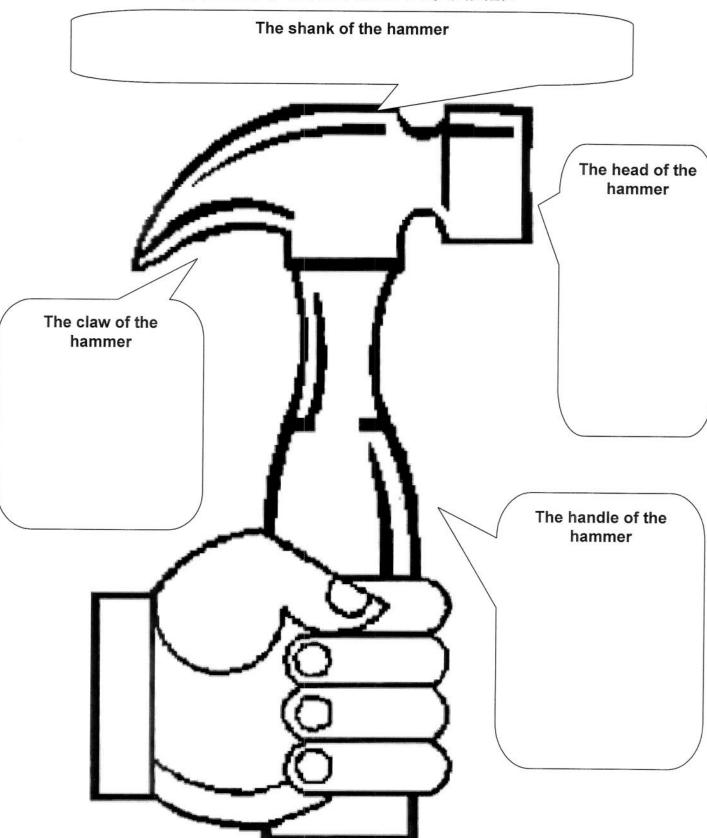


Your Family _____



Name	Date	Page #

THE COMMUNICATION HAMMER



Name	Date	Page #

Destructive and Constructive Communication

Write characteristics of each communication type

DESTRUCTIVE	CONSTRUCTIVE
NONVERBAL CUMMUNICATION	

ame: Granite School District - Attention Bookkeeper ddress: 5715 South 1300 East City and State: Zip: hone: EXPENSES Date Invoice # Description To 26/2007 Substitute for Michelle Walker Total Total	me: Granite School District - Attention Bookkeeper dress: 5715 South 1300 East City and State: Zip: Date	me: Granite School District - Attention Bookkeeper dress: 5715 South 1300 East City and State: Zip: pre: CIPENSES Date Invoice # Description Total DURS WORKED Date Hours Worked Project Hours Worked Total SUBSTITUTE TOTAL SAVEL REIMBURSEMENT Data Destination Purpose of travel Meals Lodging Miles Traveled Amount AVEL REIMBURSEMENT Destination Purpose of travel Meals Lodging Miles Traveled Amount AND COUNT INFORMATION Act # Program Specialist Signature 341 Agriculture 342 Business 343 Economics 344 Bresting Sciences 345 Meals Sciences 346 Marketing 347 Technology Education 347 Technology Education 348 Trated & Industry 349 Tresting General Disposal Items of expenses included in this imment were incurred in the discharge of authorized, official	me: Granite School District - Attention Bookkeeper dress: 5715 South 1300 East City and State: Zip: pone: CPENSES Date Invoice # Substitute for Michelle Walker Substitute for Michelle Walker Total Durs WORKED Date Hours Worked Project Hourty Rate Total Total AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount And Parally & Comments / Explanations: CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 444 Parally & Comments 4550.00 351 Information Technology 345 Health Sciences 331 Information Technology 346 Markeng
ddress: 5715 South 1300 East City and State: Zip: Cours C	Arces: 5715 South 1300 East City and State: Zip: Comments	tross: 5715 South 1300 East City and State: Zip: CPENSES	dress: 5715 South 1300 East City and State: Zip: City and State
Appendix Substitute for Michelle Walker Total	DURS WORKED Date Invoice # Substitute for Michelle Walker St. DURS WORKED Date Hours Worked Project Hourly Rate Total AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount COUNT INFORMATION ACL # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture Add Expenses Signature Signa	PENSES Date Invoice # Description Total DURS WORKED	Date Invoice # Substitute for Michelle Walker \$ 55 Date Invoice # Substitute for Michelle Walker \$ 55 Date Norked Project Hourly Rate Total DURS WORKED Date Hours Worked Project Hourly Rate Total SAVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount and receipts for all lodging, and miscellaneous expenses. gray will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 346 Marketing
Date Invoice # Description To RECOUT Substitute for Michelle Walker Total OURS WORKED Date Hours Worked Project Hourly Rate Tot Total RAVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Comments / S 22 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 343 Business 343 Family & Consumer 344 Family & Consumer Substitute for Michelle Walker Total Total	Date Invoice # Description Total Substitute for Michelle Walker St.	Durs worked Date Invoice# Substitute for Michelle Walker Scours Worked Date Hours Worked Project Hourly Rate Total Total State Destination Purpose of travel Meals Lodging Miles Traveled Amount Destination Purpose of travel Meals Lodging Miles Traveled Amount Destination Purpose of travel Meals Lodging Miles Traveled Amount Act. # Program Specialist Signature Date Amount Comments / Explanations: CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: Destination Specialist Signature Specialist Signature Date Amount Comments / Explanations: Add Business Specialist Signature Specialist Specialist Specialist Specialist Signature Specialist Special	Date Invoice # Description Total S/2007 Substitute for Michelle Walker S5 Date Invoice # Substitute Total Date Invoice # Substitute Total Date Invoice # Substitute Substitute Substitute Substitute Substitute S5 Date Invoice # Substitute Substitute Substitute Signature Specialist Signature S4 Date Amount Comments / Explanations: CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: Add Family & Consumer S50.00 345 Health Sciences S3 346 Marketing S50.00 346 Marketing S4 Date Invoice # S4 Date Amount Comments / Explanations:
Date Invoice # Description To RECOUT Substitute for Michelle Walker Total OURS WORKED Date Hours Worked Project Hourly Rate Tot Total RAVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Comments / S 22 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 343 Business 343 Family & Consumer 344 Family & Consumer Substitute for Michelle Walker Total Total	Date Invoice # Description Total Substitute for Michelle Walker St.	Durs worked Date Invoice# Substitute for Michelle Walker Scours Worked Date Hours Worked Project Hourly Rate Total Total State Destination Purpose of travel Meals Lodging Miles Traveled Amount Destination Purpose of travel Meals Lodging Miles Traveled Amount Destination Purpose of travel Meals Lodging Miles Traveled Amount Act. # Program Specialist Signature Date Amount Comments / Explanations: CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: Destination Specialist Signature Specialist Signature Date Amount Comments / Explanations: Add Business Specialist Signature Specialist Specialist Specialist Specialist Signature Specialist Special	Date Invoice # Description Total S/2007 Substitute for Michelle Walker S5 Date Invoice # Substitute Total Date Invoice # Substitute Total Date Invoice # Substitute Substitute Substitute Substitute Substitute S5 Date Invoice # Substitute Substitute Substitute Signature Specialist Signature S4 Date Amount Comments / Explanations: CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: Add Family & Consumer S50.00 345 Health Sciences S3 346 Marketing S50.00 346 Marketing S4 Date Invoice # S4 Date Amount Comments / Explanations:
Description Total	Date Invoice # Description Total Doct	Date Invoice # Substitute for Michelle Walker SS SS DURS WORKED Date Heurs Worked Project Hourly Rate Total Total S AVEL REIMBURSEMENT Destination Purpose of travel Meals Lodging Miles Traveled Amount Amount State Destination Purpose of travel Meals Lodging Miles Traveled Amount State COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: A43 Business SA44 Family & Consumer SA44 Family	Date Invoice # Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute for Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker For Michelle Walker S55 Substitute For Michelle Walker S55 Substitute For Michelle Walker For Michelle Walker S55 Substitute For Michelle Walke
Total Date Hours Worked Project Hourly Rate Tot RAVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amo ach receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00	DURS WORKED Date Hours Worked Project Hourly Rate Total SAVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Loth receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: A41 Agriculture Agriculture 342 Business 343 Economics \$50.00 A44 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General beby certify that all items of expenses included in this To be completed by USOE Only	DURS WORKED Date Hours Worked Project Hourly Rate Total **Total** **Total* **To	DURS WORKED Date Hours Worked Project Hourly Rate Total Total StaveL Relimbursement Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Amount COUNT INFORMATION Act. # Program Specialist Signature Date Amount Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Economics 346 Marketing Specialist Sciences 347 Marketing 348 Marketing
DURS WORKED Date Hours Worked Project Hourly Rate Tot RAVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amo ach receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00	DURS WORKED Date Hours Worked Project Hourly Rate Total AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Act Preceipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Economics 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 rechnology Education 348 Trave & Information Technology 349 Trave & Information Technology 349 Trave & Information Technology 340 Trave & Information Technology 341 Trave & Information Technology 342 Trave & Information Technology 343 Trave & Industry 347 Trave & Information Technology 348 Trave & Industry 349 Traveling/General Eby certify that all items of expenses included in this	DURS WORKED Date Hours Worked Project Hourly Rate Total Total S AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount and the state rate of \$ 32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture Agriculture Section	DURS WORKED Date Hours Worked Project Hourly Rate Total Total \$ AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount and receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 346 Marketing \$50.00 Act. # Total \$ \$50.00 Amount Comments / Explanations:
DURS WORKED Date Hours Worked Project Hourly Rate Tot RAVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amo ach receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics \$343 Economics \$344 Family & Consumer \$\$50.00	DURS WORKED Date Hours Worked Project Hourly Rate Total AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Act Preceipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Economics 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 rechnology Education 348 Trave & Information Technology 349 Trave & Information Technology 349 Trave & Information Technology 340 Trave & Information Technology 341 Trave & Information Technology 342 Trave & Information Technology 343 Trave & Industry 347 Trave & Information Technology 348 Trave & Industry 349 Traveling/General Eby certify that all items of expenses included in this	DURS WORKED Date Hours Worked Project Hourly Rate Total Total S AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount and the state rate of \$ 32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture Agriculture Section	DURS WORKED Date Hours Worked Project Hourly Rate Total Total \$ AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount and receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 346 Marketing \$50.00 Act. # Total \$ \$50.00 Amount Comments / Explanations:
Date Hours Worked Project Hourly Rate Tot AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amo ach receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$550.00	Date Hours Worked Project Hourly Rate Total Formula	Date Hours Worked Project Hourly Rate Total Total S AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount And receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Ast. # Program Specialist Signature Date Amount 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Tresting/General Every Certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	Date Hours Worked Project Hourly Rate Total Total S AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount and receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
Total AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amo ach receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00	Total S AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount arch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture Date Amount Comments / Explanations: 342 Business 343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$50.00 346 Marketing 347 Technology Education 348 Track industry 348 Tracks industry 349 Testing/General et specialist Signature 9 above Comments / Explanations: To be completed by USOE Only	AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Control State of State and of S	Total S AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount ach receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
Date Destination Purpose of travel Meals Lodging Miles Traveled Amo and receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00	AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Inch receipts for all lodging, and miscellaneous expenses. Inch receipts for all lodging, and	AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Inch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eleby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Inch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
Date Destination Purpose of travel Meals Lodging Miles Traveled Amo and receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00	AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Inch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this To be completed by USOE Only	AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Inch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eleby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Inch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
AMOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Pamily & Consumer Specialist Signature Specialist Specialist Signature Specialist Spe	AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount arch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this To be completed by USOE Only	AVEL REIMBURSEMENT Date Destination Purpose of travel Meals Lodging Miles Traveled Amount Inch receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. SCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General bety certify that all items of expenses included in this minut were incurred in the discharge of authorized, official	Date Destination Purpose of travel Meals Lodging Miles Traveled Amount ach receipts for all lodging, and miscellaneous expenses. age will be calculated at the state rate of \$.32 per mile. COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing
CCOUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00	COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this To be completed by USOE Only	Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing
COUNT INFORMATION Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture	Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General above certify that all items of expenses included in this	Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture 342 Business 343 Economics 550.00 344 Family & Consumer \$50.00 \$50.00	Act. # Program Specialist Signature Date Amount Comments / Explanations: 341	Act. # Program Specialist Signature Date Amount Comments / Explanations: 341 Agriculture	Act. # Program
341 Agriculture 342 Business 343 Economics 344 Family & Consumer \$50.00	341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this Sommeths 7 Explanations. \$50.00 \$50.00 \$50.00 \$50.00 \$50.00 \$50.00 \$50.00	341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	341 Agriculture 342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
342 Business	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General 28by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General above certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$100 331 Information Technology \$346 Marketing
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ above certify that all items of expenses included in this \$ To be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ above certify that all items of expenses included in this ment were incurred in the discharge of authorized, official \$ \$50.00 \$50.00 \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$331 Information Technology 346 Marketing \$50.00
	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General above certify that all items of expenses included in this To be completed by USOE Only	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General aby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	345 Health Sciences 331 Information Technology 346 Marketing ————————————————————————————————————
345 Health Sciences	331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General above certify that all items of expenses included in this To be completed by USOE Only	331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General aby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	331 Information Technology 346 Marketing
	346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General above certify that all items of expenses included in this To be completed by USOE Only	346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General aby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	346 Marketing
	347 Technology Education 348 Trade & Industry 349 Testing/General aby certify that all items of expenses included in this To be completed by USOE Only	347 Technology Education 348 Trade & Industry 349 Testing/General aby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	
	348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this To be completed by USOE Only	348 Trade & Industry 349 Testing/General eby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	VTI recimology Education
	349 Testing/General eby certify that all items of expenses included in this To be completed by USOE Only	349 Testing/General eby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	
	eby certify that all items of expenses included in this To be completed by USOE Only	eby certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
		ment were incurred in the discharge of authorized, official	
		1935, mar the amounts are correct and proper charges.	
		sees, mer me amounts are correct and proper charges.	
331 Information Technology ————————————————————————————————————		ment were incurred in the discharge of authorized, official	348 Trade & Industry 349 Testing/General
this could be the could be a second by the second second		ment were incurred in the discharge of authorized, official	eby certify that all items of expenses included in this
Shir sharped that all thomas of account of a district days are the	ment measured in the disentinge of authorized, Directal		2by certify that all items of expenses included in this To be completed by USOF Only
TOY CELLIVELING BIT HELDE IN CAUGUS AND THE THINK THE COMPANY OF T		sees that the amounts are correct and proper charges	PARTIES CAMPINETED AND A STATE CAMPACTURE AND
to be completed by USOE Only			
eby certify that an items of expenses included in this [10 be completed by USOE Only			
		AUGGS AFFINE ALLE ALLE DITE DI CHE CHATTIES.	
	ness, that the amounts are correct and proper charges.	reas, marine amounts are correct and proper thanges.	
		was, me, me amounts are contest and proper charges.	
		ment were incurred in the discharge of authorized, official	
	eby certify that all items of expenses included in this To be completed by USOE Only	eby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
		ment were incurred in the discharge of authorized, official	
349 Testing/General		ment were incurred in the discharge of authorized, official	349 Testing/General
		ment were incurred in the discharge of authorized, official	
		ment were incurred in the discharge of authorized, official	
349 Testing/General		ment were incurred in the discharge of authorized, official	349 Testing/General
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	by certify that all items of expenses included in this To be completed by USOE Only	by certify that all items of expenses included in this To be completed by USOE Only ment were incurred in the discharge of authorized, official	
	349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	349 Testing/General by certify that all items of expenses included in this and the discharge of authorized, official To be completed by USOE Only	
	349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	349 Testing/General by certify that all items of expenses included in this and the discharge of authorized, official To be completed by USOE Only	
	348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	VII I voimony j managadii
346 Marketing	348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	347 Technology Education
	347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	
	346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	346 Marketing
	331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	331 Information Technology 346 Marketing
	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	345 Health Sciences 331 Information Technology 346 Marketing 346 Marketing
	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	345 Health Sciences 331 Information Technology 346 Marketing 346 Marketing
	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	345 Health Sciences 331 Information Technology 346 Marketing 346 Marketing
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official \$ \$50.00 \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$50.00 331 Information Technology \$46 Marketing
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$50.00
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official \$ \$50.00 \$50.00 \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$50.00
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$50.00
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$50.00
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 550.00
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 550.00
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 550.00
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General Sby certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General Aby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 31 Information Technology 346 Marketing 550.00
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 31 Information Technology 346 Marketing 550.00
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 550.00
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 550.00
343 Economics \$50.00 344 Family & Consumer \$50.00	343	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$31 Marketing
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 31 Information Technology 346 Marketing 346 Marketing
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 550.00
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 31 Information Technology 346 Marketing 550.00
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official To be completed by USOE Only	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing \$347 Technology Education \$348 Trade & Industry \$349 Testing/General \$349 Testing/General \$349 Testing/General \$349 To be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$50.00
344 Family & Consumer \$50.00	344 Family & Consumer \$50.00 345 Health Sciences \$ 331 Information Technology \$ 346 Marketing \$ 347 Technology Education \$ 348 Trade & Industry \$ 349 Testing/General \$ 349 to be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing \$347 Technology Education \$348 Trade & Industry \$349 Testing/General \$349 Testing/General \$349 Testing/General \$349 To be completed by USOE Only	344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$50.00
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 311 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General by certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Tracle & Industry 349 Testing/General sby certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General aby certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$34 Marketing
342 Business	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General 2by certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General aboy certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing
343 Economics \$50.00 344 Family & Consumer \$50.00	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$347 Technology Education 348 Trade & Industry \$349 Testing/General 2by certify that all items of expenses included in this To be completed by USOE Only	343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General above certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	343 Economics \$50.00 344 Family & Consumer \$50.00 345 Health Sciences \$311 Information Technology 346 Marketing \$346 Marketing
342 Business 343 Economics 344 Family & Consumer \$50.00	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General aby certify that all items of expenses included in this To be completed by USOE Only	342 Business 343 Economics 344 Family & Consumer 345 Health Sciences 331 Information Technology 346 Marketing 347 Technology Education 348 Trade & Industry 349 Testing/General above certify that all items of expenses included in this ment were incurred in the discharge of authorized, official	342 Business 343 Economics 344 Family & Consumer \$50.00 345 Health Sciences \$31 Information Technology 346 Marketing \$40 Marketing

NameINTRA AND INTERPERSONA	37-32 0. 33-31.	Page #
SELF SELF INTRAPERSONAL SKILLS	INI	OTHERS TERPERSONAL SKILLS
What is Intrapersonal communication	What is in	terpersonal communication
An example of intrapersonal Communication skills.		ole of interpersonal nunication skills.
ANTS - Automatic Negative Thoughts ANTS are complaining thoughts that jus ANTS can cause people to Some ANTS include: I always do it wron Thinking you know what other Intrapersonal skills include being aware	it seem to keep be negative ar ng. I know ba rs are thinking.	nd depressed. d things will happen to me. Blaming others.

What can you say to yourself when ANTS show up in your thoughts?